



Recognition is a protective factor for wellbeing

Employees recognised weekly are **twice as likely** to say:



They feel a strong sense of wellbeing



Their organisation supports their wellbeing



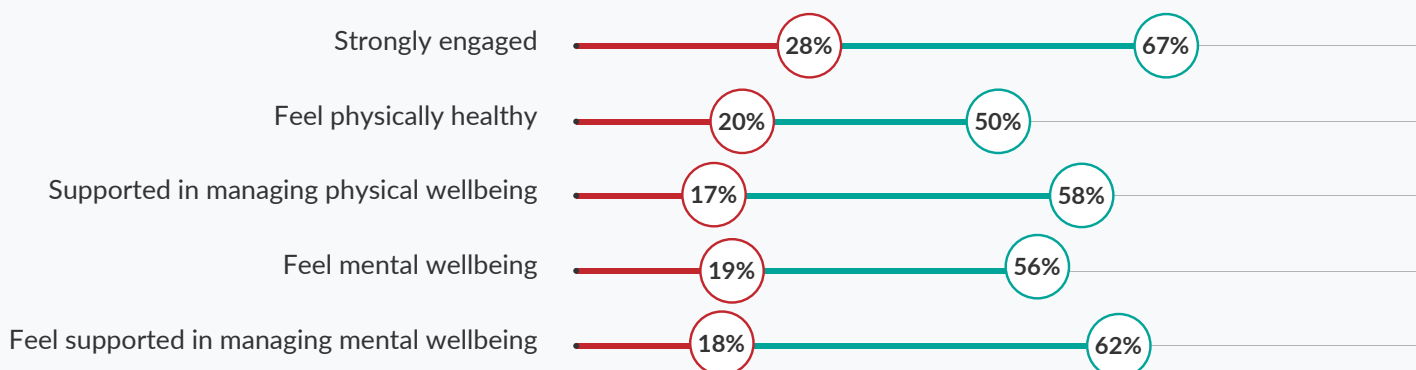
They are capable of managing their stress



They get recognised for taking part in wellbeing initiatives

Recognition for wellbeing activity drives engagement and wellbeing

● Average ● Receive recognition for wellbeing



Recognition platforms increase recognition and wellbeing

Employees whose organisations have a recognition platform are:



more likely to be meaningfully recognised weekly



more likely to say their company supports employee wellbeing



more likely to say they feel supported in managing their physical and mental wellbeing



more likely to say recognition is a valued and integrated part of how we do business at our company